Please Issue O/C
17/7/12

भारत सरकार **Government of India**
रेल मंत्रालय **Ministry of Railways**
(रेलवे बोर्ड) **(Railway Board)**

No.2012/E(TRG)/12/17

रेल भवन, नयी दिल्ली - 110001, तिथि: 17.07.2012
Rail Bhavan, New Delhi - 110001,Dated: 17.07.2012

The General Managers
All Indian Railways/PUs

The Director General,
RSC/Vadodara;
RDSO/Lucknow.

The Directors,
IRISET, Secunderabad;
IRICEN,Pune;
IRIEEN, Nasik;
IRIMEE, Jamalpur;
IRITM, Lucknow;
JRRPF Academy, Lucknow.

Sub: Policy regarding participation of Indian Railways personnel in Meditation/Yoga/Spiritual and other related Programmes.

The issue of formulating a uniform policy for participation of Indian Railways personnel in spiritual programmes, meditation/yoga and other related training programmes has been under consideration of the Board for some time. Board has now decided that the following facilities/ privileges would be admissible to the participants:-

(i) Special Casual Leave (CL) up to a maximum of 5 days would be allowed once in a year to any willing employee for only one such programme;
(ii) Special Pass (as per the entitlement) would be given once in a year to any willing employee;
(iii) No TA/DA would be payable;
(iv) No programme fee would be payable by the Railways; and
(v) The personnel willing to participate in such programmes would be spared subject to the convenience of the Administration.

2. Strict compliance to the above directives may be ensured by all concerned.

3. This supersedes all previous instructions/ circulars on the subject.

4. This issues with the concurrence of the Finance Directorate of Railway Board.

(Padma Sharma)
Dy.Director/Training
Railway Board

Copy to:

1. G(Pass)/RB – for issue of Special Passes to willing personnel from working in Railway Board's office.

2. FE(Spl.), ERB-I, Cash-I, Cash-III for information.