Government of India
Ministry of Railways
(Railway Board)

RBE No. 9 /2003

NO.E(MPP)2000/19/1/Pt(meditation) New Delhi, Dated13 .01.2003

The General Manager/CAO
All Indian Railways & PUs

Sub: - Introducing Yoga training in Railway Training Centres

In continuation of Board's letter of even number dated 23.11.2001, 23.8.2002 and 9.12.2002 on the subject mentioned above, it has been decided that Yoga and meditation classes be imparted to trainees in Railway Training Centres on an experimental basis upto 31.12.2003. All other terms and conditions remain unchanged. The implementation of Yoga Training in all the training centres may be confirmed.

This issues with the concurrence of the Finance Directorate of Ministry of Railways.

13/01/2003
(P. Ananth)
Joint Director(Manpower Planning)
Railway Board

NO.E(MPP)2000/19/1/Pt(meditation) New Delhi, dated13 .01.2003

Copy for information to: -

(i) Director of Audit (All Indian Railways including PUs)
(ii) FA&CAOs CR, ECR, ER, NR, NER, NFR, NWR,SR, SCR, SER, WR, CLW, DLW, DCW, ICF, RCF & WAP

For Financial Commissioner/Railways

NO.E(MPP)2000/19/1/Pt(meditation) New Delhi, dated13 .01.2003

Copy for information to:

1. The General Secretary, NFIR, 3 Chelmsford Road, New Delhi for information with 35 spares.
2. The General Secretary, AIRF, 4 State Entry Road, New Delhi for information with 35 spares.
3. The Secretary General, FROA, R.No.256-A, Rail Bhawan, New Delhi for information with 5 spares.
4. The Secretary General, IRPOF, R.No.268, Rail Bhawan, New Delhi for information with 5 spares.
5. All Members, Departmental Council and National Council and Secretary Staff Side National Council, 13-C, Ferozeshah Road, New Delhi(90 spares)
6. The Secretary General, All Indian RPF Association, Room No.256, Rail Bhawan, New Delhi-110 001 for information with 5 spares.

For Secretary/Railway Board.

Copy to:

CRB, FC, ML, ME, MM, MS, MT, DG(RHS), DG(RPF),AM(Budget), AM(CE), AM(C&IS), AM(Comml.), AM(Elect.), AM(Fin.), AM(Mech.), AM(Plg.), AM(Project), AM(PU), AM(Sig.), AM(Staff), AM(Rly. Stores), AM(T&C), AM(Telecom.), AM(Tfc.), AM(Works), Adv(Vig.), Adv. Fin(Exp), Adv.(IR), LA . OSD(MIS)

ED(plg.), ED(Accts.), ED Fin.(BC), EDCE(B&S), EDCE(G), EDCE(Plg.), ED(Coaching), ED(CC), ED(C&IS), ED(E&R), EDEE(Dev.), EDEE(G), EDEE(RS), EDE, ED(RRB), EDE(N), EDE(Res.), EDF, EDF(C), EDF(S), EDF(B), EDF(RM), EDF(X)I, EDF(X)II, ED(H), EDLM, ED(MIS), EDE(GC), ED(Trg.&MPP), EDME(Chg), EDME(Fr.), EDME(Tr.), EDME(TOT),EDME(Dev.), EDME(W), ED(PC)I, ED(PC)II, ED(Plg.), ED(PP), ED(Projects), ED(Projects)/DMRC, ED(RE), EDRE(S&T), EDRE(S), ED(Safety), JS, JS(C), JS(E), JS(G), JS(P), IG/RPF(Hqs), IG/RS, ED(Sig), ED(Stat&Eco), EDRS(C), EDRS(G), EDRS(P), EDRS(S), EDRS(W), ED(TD), EDT(M), EDT(MC),EDT(P), ED(T&C), ED(CP), ED(PM), RD(PG), EDTC(R), EDTC(FM), EDTT(F), EDTT(FM)EDTT(M), EDTT(S), EDV(A), EDV(E), EDV(T),ED(W).

FF(Spl), F(X)II, F(NG)I, F(NG)II and F(TRG) Branches of Railway Board