भारत सरकार/GOVERNMENT OF INDIA
रेल मंत्रालय/MINISTRY OF RAILWAYS
रेलवे बोर्ड/(RAILWAY BOARD)

.....

No2015/H-1/17/1 New Delhi, dated 09.03.18

Pr. Chief Medical Director
Chief Medical Officer (PUs)
All Indian Railways

Sub: Entering of data of health check-up done for Railway employees in designated web portal.

The health status of all the Railway employees including RPF staff should be uploaded on web portal (www.hero.indianrail.gov.in) which has been recently launched for this purpose by CRIS.

The login ID & password for the website, for nominated doctor is their registered email. All data regarding health check up done till date is to be uploaded in the web site immediately.

9/3/18

(Dr. Praval Pant)
Director (Industrial Health)
Railway Board
Telefax 011-47843133
E-mail: praval.pant@gov.in

Government of India
Ministry of Railways
Railway Board

No. 2015/H-1/17/1 **New Delhi dated 01.03.2018**

The General Managers.
All Indian Railways/
All Production Units.

Sub:- Health Check-up of all RPF staff twice a year.

Ref:- 1. Actionable Points arising out of meeting and interactive session of Hon'ble MR with officers of RPF of Security Dte and zonal railways held on 30.01.2018 (Item No. 25) pertaining to Health Directorate.

2. Railway Board's letter of even no. dated 13.11.2017, 19.12.2017 and 10.01.2018.

As per item No.25 of Actionable points arising out of the above mentioned meeting, Health Check-up of all RPF staff has to be undertaken twice a year.

In terms of Railway Board's letters as mentioned in reference No.2 above Medical Department is doing Health check-up of all the Railway employees including RPF staff , the first round of which has to be completed by 31st March 2018.

In view of the item 25 of actionable point of the above mentioned meeting it is reiterated that all the RPF staff should compulsorily be examined for their health check-up by 31st March 2018 and thereafter the same has to be repeated twice in a year.

The health status of all the Railway employees including RPF staff should be uploaded on web portal (www.hero.indianrail.gov.in), which has been recently launched for this purpose by CRIS.

All Concerned may be advised accordingly.

01.3.18
(Dr. Gajendra Kumar)
Principal Executive Director/Health
Railway Board.

Copy to:-
1. DG/RPF/Railway Board to issue necessary instructions to relieve the RPF staff to concerned Railway Medical Officer for the time bound completion of the Health check up.
2. PCMDs/ All Indian Railways.
3. CMOs/All Production Units.

Governm[redacted]a
Ministry[redacted]s
Railv[redacted]

No. 2015/H-1/17/1 New Delhi dated 13.11.2017

The General Managers.
All Indian Railways/
All Production Units.

Sub:- Annual Wellness Assurance Checkup.
Ref:- Railway Boards' letter of even no. dated 01/03.11.2017 & 09.11.2017.

In continuation of the letter reference above, Basic Health Checkup of all Railway employees to be done covering health and performance parameters once every year.

To maintain department wise record of such health checkup of Railway employees, it has been decided that record should be **maintained in a web portal** where in all data is to be put in with a password access.

All Concerned may be advised accordingly.

13.11.17

(Dr. Gajendra Kumar)
Principal Executive Director/Health
Railway Board.

DA: As above
Copy to:-
1. DG/personnel/Railway Board for needful.
2. PCMDs/ All Indian Railways.
3. CMOs/All Production Units.

O/C

रेल मंत्रालय
Ministry of Railways
Railway Board
जारी
Enclosure
14/11

Government of India
Ministry of Railways
Railway Board

No. 2015/H-1/17/1 **New Delhi dated 09.11.2017**

Corrigendum

The General Managers.
All Indian Railways/
All Production Units.

Sub:- Annual Wellness Assurance Checkup.
Ref:- Railway Boards' letter no. 2015/H-1/17/1 dated 01/02.11.2017.

In continuation of the letter under reference above, it is advised that the format sent along with the letter may be treated as cancelled.

A new format for Annual Wellness Assurance Checkup is being attached herewith.

All Concerned may be advised accordingly.

09.11.17

(Dr. Gajendra Kumar)
Principal Executive Director/Health
Railway Board.

DA: As above
Copy to:-
1. DG/personnel/Railway Board for needful.
2. PCMDs/ All Indian Railways.
3. CMOs/All Production Units.

रेल मंत्रालय
Ministry of Railways
रेलवे बोर्ड / Railway Board
अनुलग्नक सहित जारी
Issue with Enclosure
हस्ताक्षर
Signature.....
जारी की तिथि
Date of Issue.....

.....RAILWAY

.....HOSPITAL

MEDICAL I / CARD NO. .....REG NO ..... DATE .....

Name.....Age.....Sex.....

Design.....Deptt.....Station.....

A. GENERAL PHYSICAL EXAMINATION

B. SYSTEMIC CLINICAL EXAMINATION

(General checkups to be done & not necessarily to be examined by a specialist unless otherwise indicated)

C. INVESTIGATIONS

Sl. No.	Name of Tests	Report No. & Date	Results
1.	Blood test • Hb • Fasting Blood Sugar • Lipid Profile • Liver function test • Kidney function test		
2.	ECG		
3.	PAP smear / Breast Examination for lady employee (where necessary)		
4.	Any other test advised by examining Doctor		
5.	Medical advise		