CHAPTER XIII

THE ONE TRAIN ONLY SYSTEM

13.01. Use of the One Train Only System - Trains may be worked on the One Train only System only on short terminal branches on the single line.

S.R.13.01-1. Information regarding the branches of the Central Railway worked on the One Train Only System is given in the Working Time Table of the division.

S.R.13.01-2. Authority to proceed.

(a) A single metal token bearing the inscription 'Authority to proceed on _____ section' and 'One Train only' system on the reverse shall be supplied to each junction station with the Main Line.

(b) Except as provided in G.R. 13.04 (2).

(i) The token prescribed in para (a) above shall be the sole authority for a train to enter the section and the Driver of a train shall not enter the section until he has this token in his possession.

(ii) The Station Master shall, before allowing a train to enter the section, personally handover the token to the Driver of the train.

(c) The token shall be kept locked in a case especially provided for the purpose and the key of the case shall be kept by the Station Master in his personal custody.

(d) On arrival of the train the Driver shall personally handover the token to the Station Master and the Station Master will immediately secure it in the case.

(e) When the token is lost, the Station Master will at once report the matter to the Divisional Railway Manager for replacement and until the token is replaced, he shall issue an authority on a manuscript form to the Driver.

13.02 Essentials of the One Train Only System - Where trains are worked on the One Train Only System, only one train shall be on the section on which this system is in force, at one and the same time.

13.03. Authority to enter the section - A Driver shall not take his train into the section unless he is in possession of the authority to proceed as prescribed by special instructions.

13.04. Procedure in case of accident or disablement on the One Train Only System -

(1) (a) If the train becomes disabled and requires assistance or if an accident occurs which renders it impossible for the train to proceed, the train

shall be protected in accordance with the provisions of Rule 6.03 in the direction from which assistance, if necessary, is being obtained.

(b) The Guard of the train shall convey advice of the circumstances under which the train has become disabled and is not able to proceed, to the Station Master of the station from which assistance can best be obtained, and if it is necessary for such Guard to proceed to such station, he shall instruct the Driver in writing to keep the train stationary until his return, and obtain his written acknowledgment.

(2) (a) Such Station Master, if he is not the Station Master of the base station, shall communicate this information to the Station Master of the base station. On receipt of such information, the Station Master of the base station may allow another engine to enter the line.

(b) The engine so sent shall either be accompanied by the Guard of the disabled train, who shall explain to the Driver where and under what circumstances the disabled train is situated, or the Driver of the engine so sent shall be given a written authority, containing such instructions as to where and under what circumstances the disabled train is situated and such other particulars as may be necessary to enter the line unaccompanied by the Guard of the disabled train.

(3) The Guard of the disabled train shall be responsible for the safe and proper working of the line until the disabled train has been moved and any other engine sent to the assistance of the disabled train has been returned to the base station.

(4) If there is no Guard of a disabled train, the Fireman or the Assistant Driver or, if necessary the Driver shall perform the duties imposed by this rule on the Guard, provided that the engine is not left unmanned in terms of Rule 4.20.

S.R.13.04-1. If it is necessary for the Guard to remain with his train he will send the advice to the nearest station through the Assistant Driver stating the nature and cause of the breakdown and at once protect the train in accordance with G.R.6.03 in the direction from which relief is expected. If assistance has been asked for, he shall not allow the engine or any portion of his train to be moved until such time assistance arrives.

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